COCKTAILS	IER	SPARKLING PROSECCO 'FILI', SACCHETTO
0	BREAKFAST BTL £32 125mL £7 C SEYVAL BLANC 'GMF' C	
ROSSINI 9	SERVED FRO	BTL £45
F&H BREAKFAST PLATE cumberland sausage, eggs, smoked streaky bacc sautéed mushrooms, baked beans, roasted tomatoes & toasted sourdough.	16 con,	BRIOCHE FRENCH TOAST 13 with cream, banana, seasonal fruits,crushed pistachios & maple syrup.
F&H VEGETARIAN PLATE (v)	16	BACON BUTTERMILK PANCAKES ¹² with streaky bacon, blueberries & maple syrup.
halloumi, eggs, avocado, baked beans, sautéed mushrooms, roasted tomatoes & toasted sourdough.		BERRY BUTTERMILK PANCAKES 12 with cream, banana, berries, blueberry jam & Honey.
TRUFFLED FOLDED EGGS with chives & peashoots on sourdough bread.	14	HOUSE ORGANIC PORRIDGE 8.5 berries, apple, banana, almond milk, honey, cinnamon, omega seeds.
AUSSIE FOLDED EGGS with chives & peashoots on sourdough bread.	9.5	AÇAÍ SMOOTHIE BOWL10.5served with granola, coconut yogurt, chia seeds & seasonal fresh fruits.10.5
SHAKSHUKA WITH SOURDOUGH eggs baked in spicy tomato sauce, onion, pepp feta & herbs with toasted sourdough.	14 pers,	Avocado & Seeds on Sourdough ^{9.5} smashed avocado, radish, roasted omega seeds.
		BREAKFAST
SMOKED SALMON 4.5 SAUSAGE 3.5 BAKED BEANS 2.5 FETA CHEESE & CHII		Y BACON 4 FRIED EGG 2 CHORIZO 3.5 GRILLED HALLOUMI 3.5 HALF AVOCADO 3
	MAL	NS
	SERVED FRO	рм 12:30
TRAPPED ROASTED SALT BEEF cheddar cheese, pickled cucumbers, rocket, red chilli with dijon mustard in toasted sourdough, with side baby leaves & tortilla chip		ROASTED CHICKEN BRIOCHE 15 baby gem, caramalised onion, tomatoes, basil & chipotle in toasted creme brioche, served with side baby leaves & tortilla chips. + Add cheddar cheese 1.5
HALLOUMI & AVOCADO BRIOCHE (V) mixed peppers, spinach, basil, served with	14	+ Add streaky bacon 2.5
side baby leaves & tortilla chips. SMOKED SALMON & AVOCADO BRIOCH smoked salmon, avocado, lettuce, radish, onion, yogurt cucumber dill sauce & tortilla ch		F&H ITALIAN BOWL (v) 13 baby leaves, buffalo mozzarella, cherry tomatoes, cucumber, peppers, toasted sourdough with pesto & balsamic dressing.
F&H CHICKEN & COUSCOUS BOWL served with mixed leaves, cherry tomato, peppers, olive oil & balsamic dressing.	15	F&H VEGAN BOWL (VG) 14 crispy kale, falafel, couscous, roasted butternut squash, pomegranate, avocado, spinach, roasted omega seeds with harissa hummus dressing.
BOOST YOUR LUNCH		
CHICKEN BREAST 5.5 SMOKED SALMON 4.5		HALLOUMI 3.5 STREAKY BACON 4 HALF AVOCADO 3
		a member of staff about your requirements. ot guarantee dishes are 100% allergen free.